# Fundamentals of Cybersecurity for Senior Managers and Risk Officers



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#### **Outline**



- Introduction Who we are
- What is Cybersecurity
- What are the Risks
- Standards and Guidelines
- Elements of Cybersecurity
- The NIST Approach Identify, Protect, Detect, Respond, Recover
- Risk Management and Senior Manager's responsibilities
- Reporting to and Assuring the Board

## **Introduction - CalQRisk**

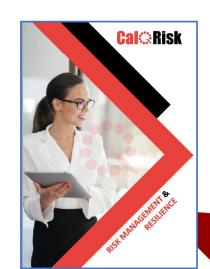


#### CalQRisk is an Integrated Governance, Risk & Compliance Software Solution

CalQRisk is used by 200+ regulated organisations

#### **CalQRisk: the Company**

- Experienced Risk & Compliance Professionals
- Members of IRM, ACOI, IoB, IoD, ACCA, ISACA
- Involved in the Development of Standards





"There are only two types of companies: Those that have been hacked, and those that will be."

FBI Director Robert Mueller

- The UN reported a 600% increase in malicious emails during the pandemic
- Cybercrime will cost the world \$>10 trillion annually by 2025

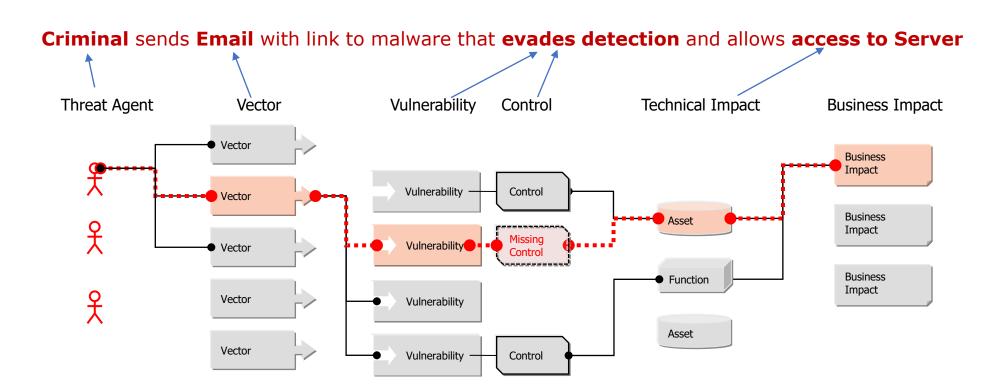
### **Stakeholder Expectations**



- Cyber risks are understood and prioritised
- IT capability matches organisational ambitions
- Policies and procedures are appropriate
- Staff are trained on cybersecurity risk
- Systems are secure
- There is a plan for when things go wrong

## What is Cybersecurity?





Source: Aspect Security

# What are the Risks?



- Data Breach
- Loss of Assets
- **Data Altered**
- **Extortion**
- Spyware
- Identity Theft
- Distributed Denial of Service (DDoS)

'Sophisticated' cyber attack hits major academy chain

says ransomware attack will have a 'significant impact' on its academies

Data wiper deployed in cyber-attacks targeting Ukrainian systems

John Levden 24 February 2022 at 15:25 UTC Updated: 07 March 2022 at 10:15 UTC

Apache Pizza announce data breach associated The Data Protection Commission has been notified of the breach and Apache Pizza said they will contact gardai. with details of delivery customers

Samsung Confirms Massive Galaxy Hack After 190GB Data Torrent Shared Via Telegram

Redcar and Cleveland Council: Four serious data breaches reported

## **Attack Techniques**



- Email, links, attachments
- Social Engineering
- Websites
- Wireless Hotspots
- Social Networking
- USB Devices (Memory sticks)

# **Social Engineering**



- Spoofing
- Phishing
- Spear Phishing
- Vishing
- Watering Hole
- Bogus Inspectors

john@ABC\_School.net john@ABC\_School.net

These two are NOT the same

john@ABC\_School.net john@ABC\_School.net

#### **Vulnerabilities**



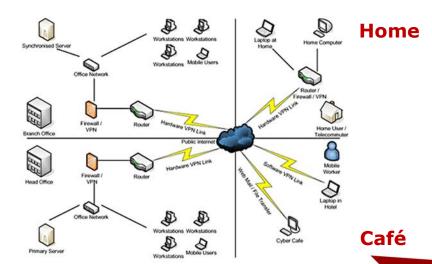
- Unwitting Employees
- IT System Misconfiguration
- Unpatched Flaws in Op Systems
- Mobile Devices
- Storage of Data in the Cloud
- Service Providers / Partners







Office



https://haveibeenpwned.com/

#### Mitigate the Risks



- Enforce your information security policy
  - Classify data according to sensitivity
  - Encrypt sensitive data in transit / at rest
  - Manage the use of personal devices / Prevent
  - Require strong passwords / changing of passwords / two-factor authentication
- Train employees to recognise suspicious activity
  - Departure from agreed protocol / instructions
- Conduct Due Diligence on partners you rely on
- Document your procedures and stick to them
- Monitor adherence to procedures

#### Standards and Guidelines



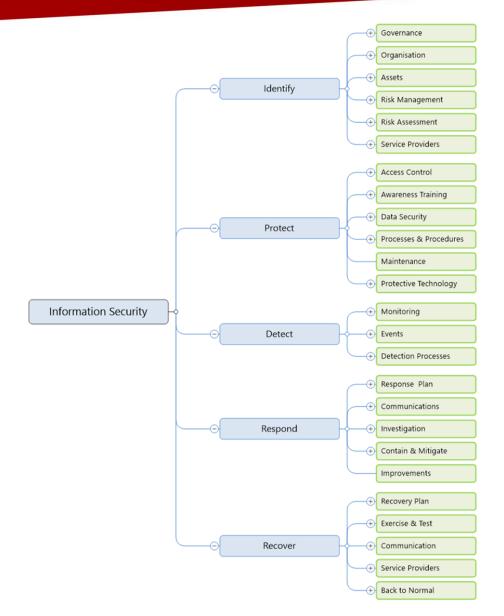
- ➤ NIST Cyber Security Framework
- > ISO 27001
- > CIS CSC (Critical Security Controls)
- > COBIT
- > Cyber questionnaire (PRA)
- ➤ CBI Cross Industry Guidance (2016)

## **Elements of Cybersecurity**



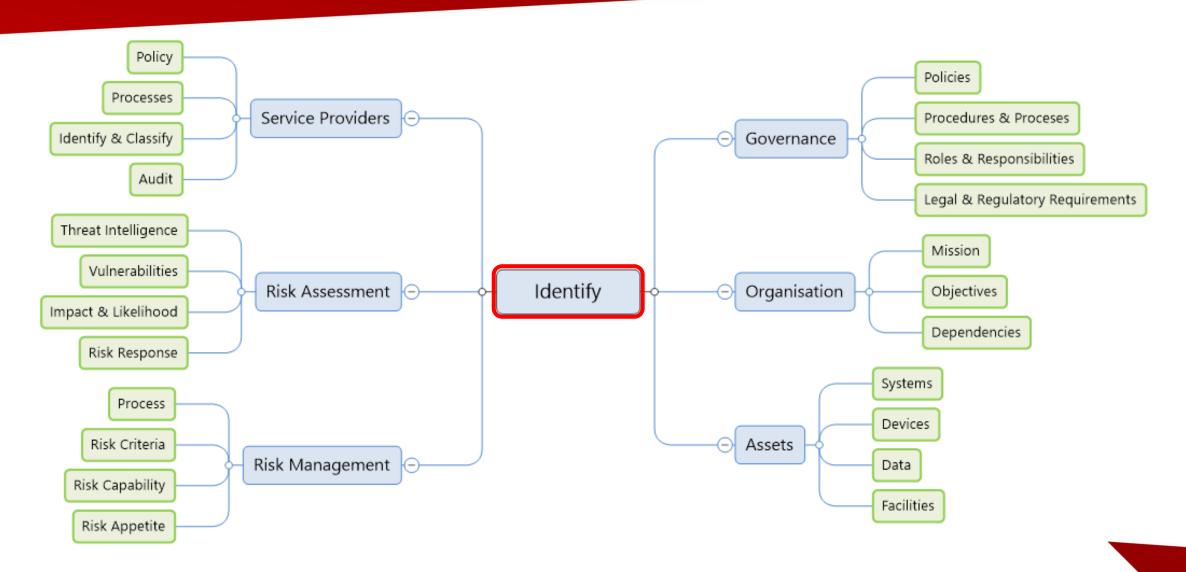
#### The NIST Approach

- 1. Identify
- 2. Protect
- 3. Detect
- 4. Respond
- 5. Recover



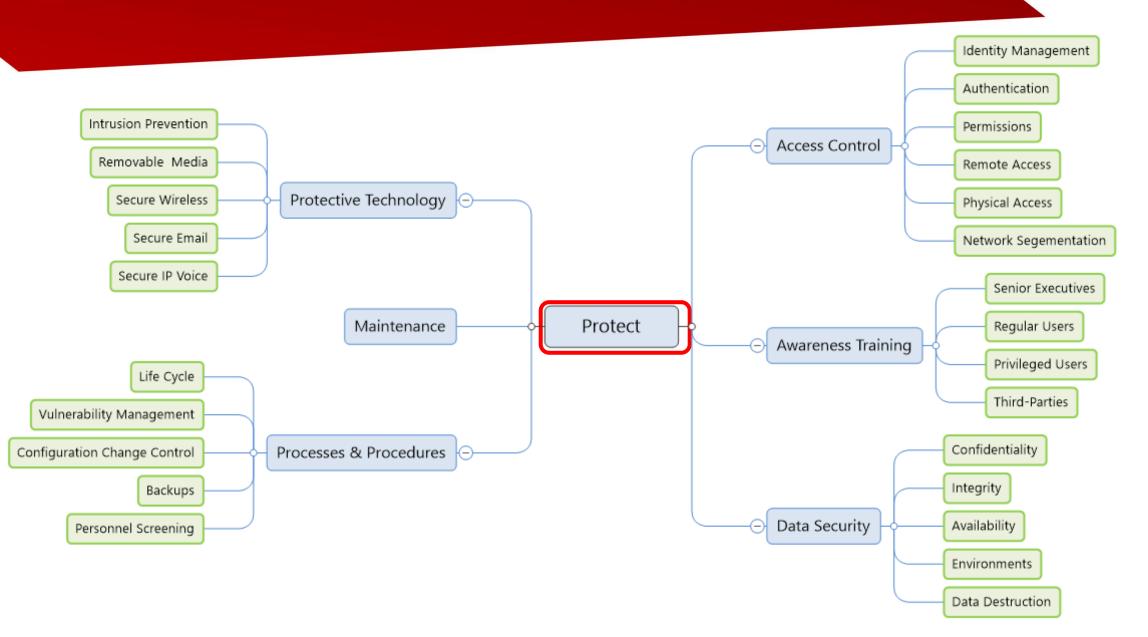
# 1. Identify





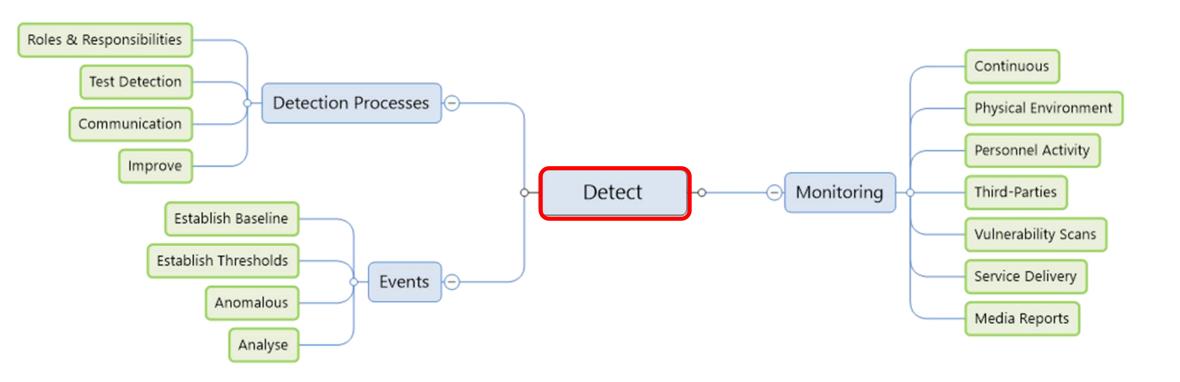
#### 2. Protect





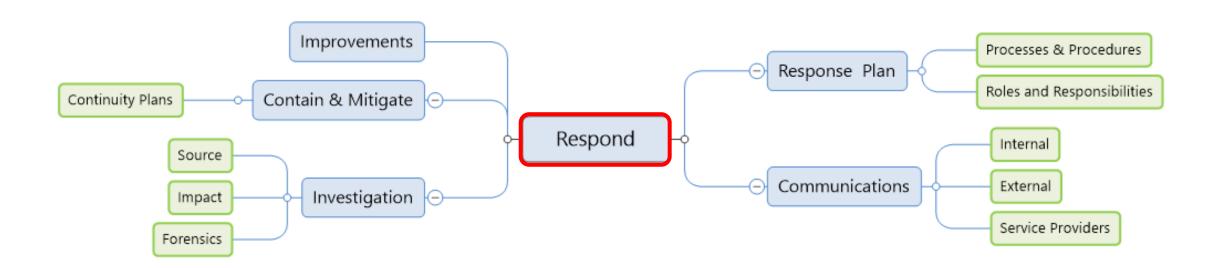
#### 3. Detect





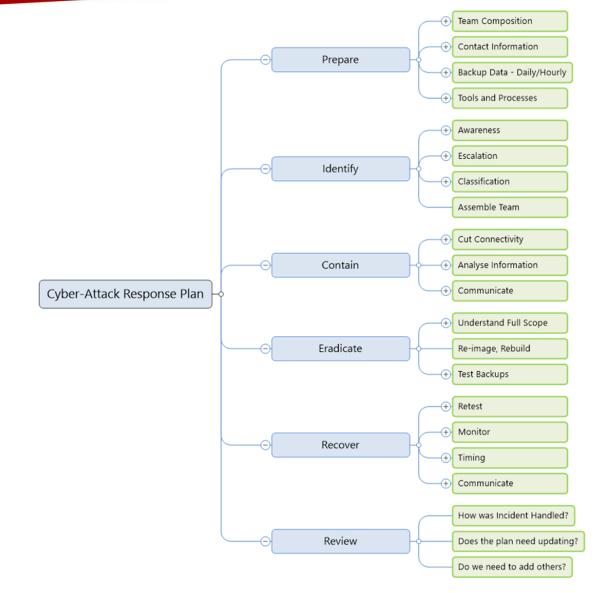
# 4. Respond





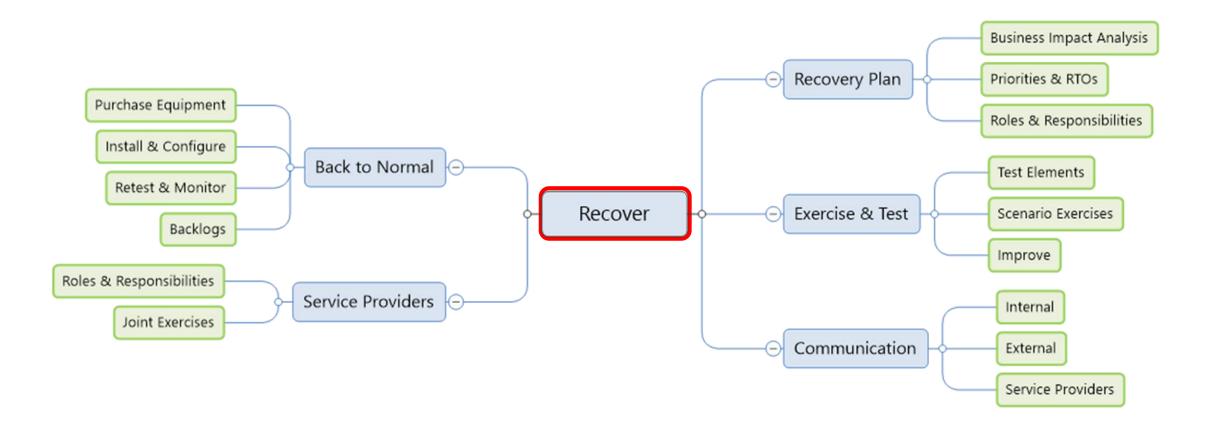
# Response Plan





#### 5. Recover



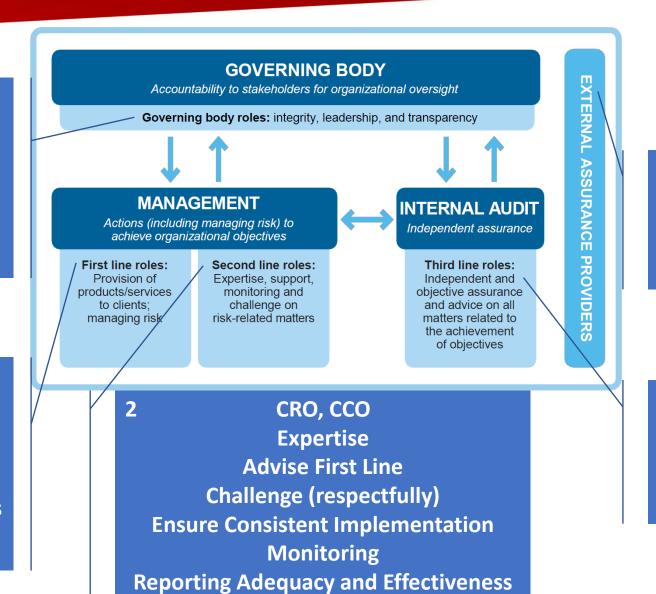


#### Responsibilities



4 Oversight
Define Objectives
Establish Structures
Provide Resources
Set Risk Appetite
Establishes Internal Audit

The Doers
The Risk Owners
Identify and control risks
Implement Processes
Report on plans and outcomes
Ensure compliance



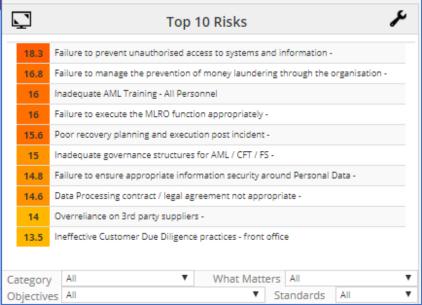
Expertise
e.g. Pen Testing
Satisfy reg requirements
Independence

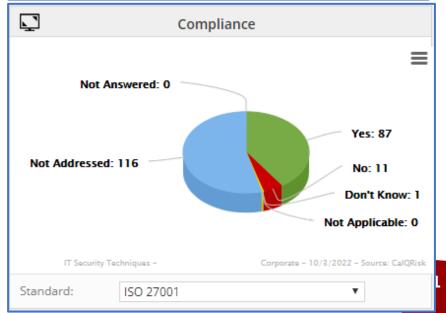
3 Quality Control
Independent
Adequacy and Effectiveness
Advise

#### Reporting - what Boards should know



- 1. What is the overall risk profile?
  - What are the Top 10 risks?
- 2. What is threatening the Objectives?
- 3. Are existing controls working / effective?
- 4. Have there been any near misses / incidents?
  - Errors & Omissions, system outages, accidents, policy breaches
- 5. Where are the gaps?
  - Confirmation of the overall compliance position
  - What is being done to address the gaps?
- 6. Have we tested / exercised our Response Plans?
- 7. Key Risk Indicators
  - Types: Exposure, Stress, Causal, Failure
  - Breaches of Risk Appetite rules





# **Q & A**



#### Thank You

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